



2024 NASPEM BIENNIAL MEETING

WEDNESDAY, AUGUST 7, 2024

2:00 – 7:00 PM REGISTRATION

2:00 – 4:00 PM NASPEM BOARD OF DIRECTORS MEETING

5:00 – 9:00 PM ANGEL’S ENVY, 500 E. MAIN STREET
LOUISVILLE TOURISM BOARD
DR. RACHEL KEITH | GREEN HEART LOUISVILLE
INTRODUCED BY DR. SHANNON SIEGEL

THURSDAY, AUGUST 8, 2024

7:00 – 8:00 AM CONTINENTAL BREAKFAST & REGISTRATION

8:15 – 8:30 AM WELCOME, DR. SHANNON SIEGEL, NASPEM PRESIDENT

8:30 – 9:20 AM *ODED BAR-OR MEMORIAL LECTURE*
“GROWTH AND MUSCLE FUNCTION: IMPLICATIONS TO
PERFORMANCE AND TRAINING”
DR, BAREKET FALK
INTRODUCED BY DR. BRIAN TIMMONS

9:20 – 10:35 AM FREE COMMUNICATION | ORAL SESSION 1 (6 PRESENTERS)

10:35 – 10:45 AM REFRESHMENT BREAK

10:45 – 12:00 PM FREE COMMUNICATION, POSTER SESSION 1 (12 PRESENTERS)

12:00 – 1:00 PM *DR. TOM ROWLAND SERIES*
“TREATMENT FOR YOUTH WITH SEVERE OBESITY: THE ROLE
OF CLINICAL EXERCISE MEDICINE IN ANTI-OBESITY
MEDICATIONS AND BARIATRIC SURGERY”
DR. DAVID WHITE AND DR. WEBB SMITH
INTRODUCED BY DR. BAREKET FALK

1:00 – 2:00 PM	LUNCH
2:00 – 3:00 PM	<p>FEATURED SPEAKER</p> <p>DR, TEMITOPE ERINOSHO</p> <p>“NUTRITION AND PHYSICAL ACTIVITY PROMOTION IN CHILD CARE SETTINGS: BUILDING BLOCKS FOR A HEALTHY START”</p> <p>INTRODUCED BY DR. REBECCA BATTISTA</p>
3:00 – 3:15 PM	REFRESHMENT BREAK
3:15 – 4:30 PM	FREE COMMUNICATION, ORAL SESSION 2 (6 PRESENTERS)
6:00 PM	<p>DINNER EVENT</p> <p>WEST 6TH BREWING - NULU, 817 E. MARKET ST</p>

FRIDAY, AUGUST 9, 2024

7:00 – 8:00 AM	CONTINENTAL BREAKFAST
8:15 – 9:15 AM	<p>FEATURED SPEAKER</p> <p>“MAKING THE GRADE: PHYSICAL ACTIVITY, SEDENTARY BEHAVIOR AND CHILDREN’S HEALTH”</p> <p>DR. PETER KATZMARZYK</p> <p>INTRODUCED BY DR. SHANNON SIEGEL</p>
9:15 – 10:30 AM	FREE COMMUNICATION, ORAL SESSION 3 (5 PRESENTERS)
10:30 – 10:45 AM	REFRESHMENT BREAK
10:45 – 12:00 PM	FREE COMMUNICATION, POSTER SESSION 2 (10 PRESENTERS)

12:00 – 1:00 PM	<p>FEATURED SPEAKER</p> <p>“NAVIGATING PEDIATRIC HEALTH AMID CLIMATE CHALLENGES: THE POTENTIAL ROLE OF PHYSICAL ACTIVITY”</p> <p>DR, EUN-YOUNG LEE</p> <p>INTRODUCED BY DR. SARAH MOORE</p>
1:00 – 2:00 PM	LUNCH
2:00 – 3:00 PM	<p>FEATURED SPEAKER</p> <p>DR. KRISTEN DIEFFENBACH</p> <p>YOUTH SPORT AND COACHING</p> <p>INTRODUCED BY DR. KARIN PFEIFFER</p> <p>REFRESHMENT BREAK</p>
3:00 – 4:00 PM	<p>BENCHWARMERS TO BENCHPRESSERS: USING BENCHMARKS TO GUIDE YOUTH ENGAGEMENT IN PHYSICAL ACTIVITY</p> <p>DR. REBECCA BATTISTA, DR. DAWN COE, DR. SHLOMIT AIZIK, SANDY KNECHT</p>
4:00 – 5:00 PM	<p>BUSINESS MEETING</p> <p><i>PEDIATRIC EXERCISE SCIENCE</i> “PAPER OF THE YEAR”</p>
6:00 PM	<p>DINNER EVENT</p> <p>KENTUCKY DERBY MUSEUM, 704 CENTRAL AVENUE</p>

SATURDAY, AUGUST 10TH, 2024

7:00 – 8:00 AM	CONTINENTAL BREAKFAST & REGISTRATION
8:15 – 9:00 AM	<p>DR. NAOMI GAUTHIER</p> <p>“THEY WANT TO PLAY TOO: APPLYING EXERCISE SCIENCE TO CHILDREN AND YOUTH WITH CHRONIC HEALTH CONDITIONS”</p> <p><i>DR. FRANK ZALDIVAR EXERCISE AS MEDICINE MEMORIAL LECTURE</i></p> <p>INTRODUCTION BY DR. SHLOMIT RADOM-AIZIK</p>

9:00 – 9:45 AM FEATURED SPEAKER
“FRAILITY: AN EVOLVING PARADIGM FOR YOUTH WITH
CHRONIC DISEASE”
DR. DAVID WHITE
INTRODUCED BY DR. PAOLO PIANOSI

9:45 – 11:00 AM FREE COMMUNICATION, ORAL SESSION 4 (6 PRESENTERS)

11:00 – 11:15 AM REFRESHMENT BREAK

11:15 – 12:30 PM “*DR. BRUCE ALPERT CLINICAL PRACTICE SERIES*”

PANEL DISCUSSION FEATURING PERSPECTIVES ON PULMONOLOGY AND CARDIOLOGY

DR. WEBB SMITH [CHAIR]
DR. WILLIAM HARDIE, PULMONOLOGIST (15 MIN)
DR. ADAM POWELL, CARDIOLOGIST (15 MIN)

12:30 – 1:00 PM STUDENT AWARDS
PWP 2025
NASPEM 2026
IN MEMORIAM
BOARD OF DIRECTORS ELECTION RESULTS
PASSING THE GAVEL
ADJOURNMENT

1:00 PM BOXED LUNCH

6:00 PM GROUP EVENT | LOUISVILLE BATS BASEBALL GAME
GAME TIME 7:15PM
LOUISVILLE BATS VERSUS CHARLOTTE KNIGHTS,
LOUISVILLE SLUGGER FIELD, 401 EAST MAIN STREET